

# First Aid Training



**Approved HABC Centre** 

## HABC Level 2 International Award in Emergency First Aid at Work, Defibrillation and CPR

### Course Background

This qualification has been developed for those already working, or preparing to work, in the industry and who have been identified in the company's first aid risk assessment as being required to provide first aid in the workplace

# Training Details

Duration: 8 hours (1 day)

 Registration Fee: 345 AED / person \*fee includes complete courseware



### **Course Topics**

#### **Module 1: Emergency First Aid**

- 1. Describe the principles that underpin basic emergency first aid support
- 2. Explain the circumstances under which resuscitation is performed
- 3. Explain why early intervention is necessary
- 4. Describe different types of cardiopulmonary arrest
- 5. Demonstrate the DRABC emergency response
- 6. Demonstrate the top-to-toe survey of an injury7. Demonstrate how to place a casualty in the recovery position
- 8. Identify the risks when placing a casualty in the recovery position
- 9. Conduct major bleed control on a casualty who has suffered bleeding
- 10. Manage shock treatment for a casualty

#### Module 2: Cardiopulmonary Resuscitation (CPR)

- 1. Demonstrate cardiopulmonary resuscitation (CPR)
- 2. Demonstrate compression only resuscitation
- 3. Demonstrate the use of resuscitation barrier devices
- 4. Demonstrate how to manage a choking casualty

#### Module 3: The Use of a defibrillator

- 1. Describe the differences between using an AED on an adult and child
- 2. Identify safety considerations when using an automated external defibrillator
- 3. Demonstrate the correct placement of AED electrode pads on a manikin
- 4. Follow AED voice prompts accurately
- 5. Demonstrate how to combine the use of an automated external defibrillator with minimal interruptions in cardiopulmonary resuscitation using a manikin
- 6. Demonstrate the safe delivery of AED shock
- 7. State the procedures if the casualty shows signs of life and starts to breath normally
- 8. Identify the information required when handing over the casualty

### About the Training Center

- ACTVET Licensed Training Provider License No. 0602/2016
- Approved HABC Center Center No. 15424
- ISO 9001 Certified
- Licensed and Approved Consultants for:
- o Environment Agency Abu Dhabi
- o Abu Dhabi Occupational Safety and Health Center
- Tadweer CWM

#### **Company Contact Details**

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